

**DR. MANDEEP SINGH**

S.No	DEGREE	UNIVERSITY	NAME OF THE INSTITUTION	YEAR OF PASSING
01.	B.P.E	L.N.I.P.E DEEMED UNIV.	LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION (GWALIOR)	2001
02.	M.P.E	L.N.C.P.E (SAI)	LAKSHMIBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION (KERALA UNIV.)	2003
03.	Ph.D Physical Education (Biomechanics) – Punjabi University, Patiala			2011
04.	CERTIFICATE in Yoga		IGNOU	2019
05.	DIPLOMA in Yoga		Univ. of MADRAS	2007
06.	P.G DIPLOMA Journalism & Mass Communication		IGNOU	2008
06.	M.A Yoga		UOU University	2021
07.	27 <sup>th</sup> National Yoga Asana Participation held at Nagpur			2014

**IBM SPSS CERTIFIED SPECIALIST: SPSS STATISTICS LEVEL 1 V2**  
**Young Scientist Award-2018 IC2018**

**RESEARCH SCHOLARS:** 02 (Completed PhD)

**AREA OF SPECIALIZATION:** BIOMECHANICS, SPSS and YOGA

**RESEARCH PROJECT:**

1. *ENHANCING MOVEMENT ABILITY OF MENTALLY CHALLENGED CHILDREN THROUGH MOVEMENT CORRECTION PROGRAM-A KINEMATIC APPROACH*

- Sponcered By: **University Grants Commission**

2. *PRESENT STATUS AND FUTURE PROSPECTS OF CHECKING PSYCHOSOCIAL FACTORS PROMOTING DOPING IN ADOLESCENCE, CRIMINALIZE DOPING AND IN-HOUSE FAULTS: AN INVESTIGATION FOR COLLABORATIVE DIVERSIFIED PREVENTION STRATEGIES BY SPORT AND NON SPORT ORGANIZATIONS.(Co-Investigator)(Completed)*

- Sponcered By: **Department of Sports, Ministry of Youth Affairs and Sports, Government of India**

**PATENT GRANTED:**

01 (No:2021100169- International Patent)

**PATENT FILED:**

03

Title of Invention (SELF-LEARNING BASED YOGA POSE ASSESSMENT SYSTEM-Application No.- 202111001103A)

**SWAYAM COURSE PROPOSED AS COURSE COORDINATOR:**

Course Name: Sports and Nutritional Anthropology  
(12 week; 4 Credits)

**PUBLICATION:**BOOKS:

13 (Recent Book: Yoga Education)

PAPERS:

70

**INVITED/GUEST LECTURE:**

# Invited as speaker in the International conference in King Mongstun University Bangkok on Biomechanical analysis

# Invited as speaker in the National conference Anti Doping, New Delhi under the aegis of NADA

# Speaker in SET Govt, Education Programs

# Speaker in Swayamprabha

# Invited as Resource Person in more than 13 International and National seminars and conferences

**MAIN EVENTS ORGANIZED AS ORGANIZING SECRETARY:**

1. International Seminar on Empowering Society Through Yog, Education & Olympic Values
2. National Seminar Yog As A Holistic Approach To Life

**ADDITIONAL QUALIFICATION:**

1.ANTI DOPING COURSE- ASIAN FEDERATION OF SPORTS MEDICINE

2. BASIC COURSE IN USAGE OF SPSS

**ACHIEVEMENT IN SPORTS:**

- INTER UNIVERSITY COMPETITION (WEST ZONE) BASKETBALL 2000.
- INTER UNIVERSITY COMPETITION (WEST ZONE) HANDBALL 2000-2001
- INTER UNIVERSITY COMPE TITION (WEST ZONE) BASKETBALL 1998
- NATIONAL IN BASKETBALL

- STATE BASKETBALL CHAMPIONSHIP-1997

#### ACHIEVEMENT AND HONOURS IN NCC

- PLATOON COMMANDER IN REPUBLIC DAY PARDE-2000(RAJPATH, DELHI)
- 'C' CERTIFICATE HOLDER (WITH A&B CERTIFICATES)
- MEDAL BY FORMER PRIMEMINISTER A.B. VAJPAI
- MEDAL BY FORMER D.G. OF NCC
- MEMENT TO GIVEN BY FORMER ARMY CHIEF GEN. MALIK
- SENIOR UNDER OFFICER IN ALL INDIA REPUBLIC DAY CAMPS.

#### TEACHING EXPERIENCE:

- ✓ Presently teaching in Govt. College of Education, Cluster University of Jammu, Higher Education Department, J&K (Through PSC, J&K Govt. (May 2010-Till now)

##### Subject Teaching in Current Sessions

1. *Movement Science & Fitness (B.Ed-M.Ed Integrated sem-V)*
2. *Health & Yoga Sciences (M.Ed sem:III)*
3. *Yoga Education (B.Ed sem:III)*

- ✓ Worked as Asstt. Prof. in Department of Physical Education, **University of Jammu** from the session 2007- 2010.

- ✓ Worked as Lecturer in in M C Khalsa College of Education, Jammu, under university selection grade (2005-2007).



Dr. Mandeep Singh